

Pedodontic Aftercare for Dental Procedures

Anesthesia Post- Op Instruction

Monitor your child closely for approximately two hours following the appointment. It is often wise to keep your child on a liquid or soft diet until the anesthetic has worn off. Remind your child to refrain from touching, biting, sucking, or playing with the numb area.

Filling or crown Post-Op Instructions

Make certain that your child is not eating or chewing while numb. Please make sure they do not bite their cheeks, lips, or tongue as doing so can cause injury to the soft tissue. Your child should avoid sticky, crunchy, or hard foods for 24 hours. If your child experiences sensitivity or discomfort, you may give your child Children's Tylenol, Advil or Motrin as directed for the age and weight of your child.

Pulpotomy / Baby root canal Post-Op Instructions

If your child is experiencing sensitivity after this treatment, you may give your child Children's Tylenol, Advil or Motrin as directed for the age and weight of your child. If sensitivity or discomfort continues for more than 24 hours, please contact our office. Pulpotomies have been shown to have 85% to 90% clinical success rate in primary teeth. If the tooth starts to cause pain or swelling, please contact our office. The tooth needs to come out in most cases and place a space maintainer.

Extraction Post-Op Instructions

Please instruct your child not to rinse, spit, or drink through a straw. Have them keep their fingers and tongue away from the area. If unusual or sustained bleeding occurs, place slightly moistened cotton gauze firmly over the extraction area, and bite down or hold in place for thirty minutes. Repeat every thirty minutes until the area is no longer bleeding. Maintain a soft diet for a day or two or until the child feels comfortable eating normally again. Avoid strenuous exercise and physical activity for the rest of the day after the extraction. For discomfort use Children's Tylenol, Advil, or Motrin as directed for the age and weight of your child. If sensitivity or discomfort continues for more than 24 hours, please contact our office.

Space Maintainer Post-Op Instruction

To avoid damage to the space maintainer, your child should avoid gum, sticky candies and chewing ice. Hard foods, like raw carrots and apples, should be cut in small pieces. Thorough brushing and flossing are necessary to make sure that food and plaque are removed daily. Should the space maintainer come off, please call our office right away so that it can be

recemented into place. We will keep the space maintainer on until the permanent tooth is ready to erupt.