

Crowns and Bridges Post-Operative Instructions

You have just had some crowns or fixed bridges bonded on to your teeth. They will replace your missing tooth structure or missing teeth very well, and should give you years of good service—provided you observe the following precautions:

Chewing: Do not chew hard foods on the restorations for 24 hours from the time they were cemented. To attain optimum strength, the cement must mature for approximately 24 hours.

Sensitivity: Do not worry about mild sensitivity to hot or cold foods. This sensitivity will disappear gradually over a few weeks. Infrequently sensitivity may last longer than six weeks. Please notify us if this occurs.

Preventative procedures: To provide optimum longevity for your restorations and to prevent future dental decay and supporting tissue breakdown. Brush and floss daily and use a mouth rinse. Please, avoid sugary foods such as soda, mints and gums.

Recalls: Visit us at regular 6-month examination periods. Often problems that are developing around the restorations can be found at an early stage and correct easily. Waiting for a longer time may require re-doing the entire restoration.

Problems: Call us if any one of the following conditions occurs:

- A feeling of movement or looseness in the restoration.
- Sensitivity to sweet foods.
- Breakage of a piece of material from the restoration.
- Sensitivity to pressure.

We have done our best to provide you the finest quality restoration available today. However, only your continuing care and concern can assure long-term good dental health.

In case of emergency after hours, please call 734-752-6661.